

SPECIAL DAYS IN JANUARY

January Themes

- Book Blitz
- Change Your Stars
- Clean Up Your Computer
- Creativity
- Family Fit Lifestyle
- Get Organized
- High Tech
- Hobby
- It's OK To Be Different
- Mail Order Gardening
- Mentoring
- New Year's Resolutions
- Polka Music
- Reaching Your Potential
- Reference Book
- Rising Star
- Shape Up
- Skating
- Thank You
- Train Your Dog
- Way Finding

January Food Themes

- Apple
- Apricots
- Artichoke
- Asparagus
- Be Kind to Food Servers
- Bread Machine Baking
- Candy
- Dried Fruits
- Eggs
- Fiber Focus
- Hot Foods
- Hot Tea
- Meat
- Oatmeal
- Prune Breakfast
- Slow Cooking
- Soup
- Wheat Bread

January Awareness

- Bath Safety
- Blood Donor
- Birth Defects
- Braille Literacy
- Celebration of Life
- Eye Care
- Financial Wellness
- Glaucoma
- Quality of Life
- Personal Self-Defense
- Poverty in America
- Prune the Fat
- Teen Driving
- Thyroid

SPECIAL DAYS IN JANUARY WITH DATES

THAT VARY

- Thank God It's Monday Day (1st Mon.)
- Handsel Monday (1st Mon.)
- Weigh-In Day (1st Monday after New Year's Day)
- Folic Acid Awareness Week (varies)
- Pizza Week (2nd Sun.)
- Clean Off Your Desk Week begins (2nd Mon.)
- Coming of Age Day – Japan (2nd Mon.)
- Plough Monday (Mon. after the 5th)
- Hunt for Happiness Week begins (3rd full week)
- International Printing Week begins (week including Jan. 17)
- Healthy Weight Week (3rd Sun.)
- Women's Healthy Weight Day (varies)
- World Religion Day (3rd Sun.)
- Martin Luther King Jr. Day (3rd Mon.)
- Sugar Awareness Week begins (3rd Mon.)
- Maintenance Day (3rd Wed.)
- Women's Healthy Weight Week (varies)
- Celebrity Read a Book Week (last full week)
- Meat Week (varies)
- Take Back Your Time Week (last full work week)
- School Nurse's Day (4th Wed.)
- Chinese New Year (Sometimes in Feb.)
- Seed Swap Day (last Sat.)
- Leprosy Day (last Sun.)
- Big Garden Bird Watch

SPECIAL DAYS IN JANUARY

Jan. 1

- Apple Gifting Day
- Australia Independence Day 1901
- St. Basil's Day
- Cameroon Independence Day 1960
- Commitment Day
- Copyright Law Day
- The Council on Environmental Quality established 1969
- Daydreamers Day
- Diet Resolution Week begins
- Ellis Island Anniversary 1892
- Emancipation Proclamation Day 1868
- Euro Day
- First Foot Day
- Global Family Day
- Haiti Independence Day 1804
- Hogmanay
- New Year's Day
- New Year's Resolutions Week begins
- Polar Bear Plunge
- Paul Revere born 1735
- Betsy Ross born 1752
- Sudan Independence Day 1956
- Z Day

Jan. 2

- Berchtold's Day (Switzerland)
- Buffet Day
- Cream Puff Day
- Georgia Statehood 1788
- Happy Mew Year for Cats
- Motivation and Inspiration Day
- Run Up the Flagpole and See if Anyone Salutes Day
- Science Fiction Day
- Someday We'll Laugh About Week begins
- Suffragist Martha Carey Thomas born 1857

Jan. 3

- Alaska Statehood 1959
- Chocolate Covered Cherry Day
- Drinking Straw patented 1888
- Festival of Sleep
- Fruitcake Toss Day
- Humiliation Day
- Olelo margarine patented 1871
- J.R.R. Tolkien Day

Jan. 4

- Blender patented 1910
- Louis Braille born 1809
- Burma/Myanmar Independence Day 1948
- Author Jacob Grimm born 1785
- Home Office Safety and Security Week begins
- Hypnotism Day
- Scientist Issac Newton born 1643
- Pop Music Chart Day
- Spaghetti Day
- Trivia Day
- Utah Statehood 1896

Jan. 5

- Bird Day
- Explorer Zebulon Pike born 1779
- Twelfth Night
- Weigh-In Day
- Whipped Cream Day
- X-Ray discovered 1896

Jan. 6

- Apple Tree Day
- Bean Day
- Joan of Arc born 1412
- Bean Day
- Cuddle Up Day
- Epiphany
- New Mexico Statehood 1912
- Shortbread Day
- Telegraph First Demonstrated 1838
- Three Kings Day

Jan. 7

- President Millard Fillmore born 1800
- Harlem Globetrotter's Day
- Programmers' Day
- Old Rock Day
- Tempura Day

Jan. 8

- Argyle Day
- Bubble Bath Day
- Earth's Rotation Day
- Elvis Presley born 1935
- English Toffee Day
- Physicist Stephen Hawking born 1942
- Joygerm Day
- Midwife's Day
- War on Poverty Day
- Universal Letter Writing Week begins

Jan. 9

- Apricot Day
- Balloon Ascension Day
- Connecticut Statehood 1788
- 1st *Dear Abby* Newspaper Column published 1956
- Princess Kate Middleton born 1982
- President Richard Nixon born 1913
- Static Electricity Day
- Word Nerd Day

Jan. 10

- Bittersweet Chocolate Day
- Cut Your Energy Costs Day
- Houseplant Appreciation Day
- Peculiar People Day
- 1st UN Meeting Anniversary 1944

Jan. 11

- Scientist Joseph Charles Arthur born 1850
- Chad Independence Day Celebrated (Actual date Aug. 11, 1960)
- Cuckoo Dancing Week begins
- Grand Canyon National Monument dedicated 1908
- Milk Day
- Secret Pal Day
- Step in a Puddle and Splash Your Friend Day
- Thank You Day

Jan. 12

- Clean Your Desk Day
- Curried Chicken Day
- Make Your Dream Come True Day
- Marzipan Day
- Stick To Your New Year's Resolution Day
- Work Harder Day

Jan. 13

- Author Michael Bond born 1926
- Composer Stephen Foster born 1864
- Frisbee introduced 1957
- Saint Hilary's Day
- Make Your Dream Come True Day
- Peach Melba Day
- Poetry Break Day
- Public Radio Broadcasting Day
- Rubber Ducky Day
- Skeptics Day

Jan. 14

- Dress Up Your Pet Day
- Hot Pastrami Sandwich Day
- Organize Your Home Day
- Missionary Albert Schweitzer born 1875

Jan. 15

- Elementary School Teacher Day
- Hat Day
- Martin Luther King Jr. born 1929
- Strawberry Ice Cream Day
- 1st Super Bowl Game (1967)

Jan. 16

- Appreciate a Dragon Day
- Fig Newton Day
- Hot and Spicy Food Day
- Missionary Eric Liddell born 1902
- Nothing Day
- Religious Freedom Day

Jan. 17

- Cable Car Day
- Ditch New Years Resolutions Day
- Inventor/Author/Patriot Benjamin Franklin born 1706
- Fresh Squeezed Juice Week begins
- Hot Heads Chili Day
- Kid Inventors' Day
- *Popeye the Sailor* debut 1929

Jan. 18

- Bald Eagle Appreciation Day (18 & 19)
- Peking Duck Day
- Prayer of Christian Unity Week begins
- Sanctity of Human Life Day
- Scott reaches South Pole 1910
- Thesaurus Day
- Daniel Webster born 1782
- Winnie the Pooh Day (A.A. Milne born 1882)

Jan. 19

- Artist Paul Cezanne born 1839
- International Flower Day
- Metric System Day
- Neon Sign patented 1915
- Author Edgar Allan Poe born 1809
- Popcorn Day
- Tin Can Day

Jan. 20

- Saint Agnes's Eve
- Astronaut Edwin (Buzz) Aldrin born 1930
- Buttercrunch Day
- Cheese Lovers' Day
- Disc Jockey Day
- Draw a Dinosaur Day
- 1st English Parliament 1265
- Penguin Awareness Day
- Rid the World of Fad Diets and Gimmicks Day
- 1st Webster's American Dictionary 1825

Jan. 21

- 1st Commercial Concorde flight 1976
- Granola Bar Day
- Hugging Day
- New England Clam Chowder Day
- Squirrel Appreciation Day

Jan. 22

- 1st American Postal Route established 1673
- Answer Your Cat's Questions Day
- Blonde Brownie Day
- Celebration of Life Day

Jan. 23

- John Hancock born 1737
- Handwriting Analysis Week begins
- Handwriting Day
- Measure Your Feet Day
- Pie Day

Jan. 24

- Apple introduced the Macintosh Personal Computer 1984
- Belly Laugh Day
- Compliment Day
- Gold Discovered at Sutter's Mill 1848 (Other sources say Dec. 5)
- Peanut Butter Day
- Talk Like a Grizzled Prospector Day

Jan. 25

- Bubble Wrap Appreciation Day
- Burns Night (Scotland)
- Poet Robert Burns born 1759
- Clean Out Your Inbox Week begins
- Saint Dwynwen's Day
- Meat Week
- Opposite Day

Jan. 26

- Australia Day (founded 1788)
- Michigan Statehood 1837
- Peanut Brittle Day
- Pistachio Day
- School Choice Week begins
- Spouse's Day

Jan. 27

- Author Lewis Carrol born 1832
- Chocolate Cake Day
- Holocaust Memorial Day
- Composer Mozart born 1756
- Punch the Clock Day
- Vietnam Peace Day 1973

Jan. 28

- Blueberry Pancake Day
- Space Shuttle *Challenger* exploded 1986
- Fun at Work Day
- Kazoo day
- Snow Sculpting Week begins
- US Coast Guard formed 1915

Jan. 29

- Corn Chip Day
- Free Thinkers Day
- Kansas Statehood 1861
- President Wm. McKinley born 1843
- Patriot Thomas Paine born 1737
- Puzzle Day
- Seeing Eye Dog Day

Jan. 30

- Croissant Day
- Fun at Work Day
- Mohandas Gandhi assassinated 1948
- 1st *Lone Ranger* radio broadcast 1933
- Preschool Fitness Day
- President Franklin Roosevelt born 1882
- Yodel For Your Neighbors Day

Jan. 31

- Backwards Day
- *Explorer 1* launched 1958
- Inspire Your Heart With Art Day
- Nauru Independence Day 1968
- Composer Franz Schubert born 1797
- Street Children Day
- International Zebra Day