

May's Themes, Awareness, and Observances

Asian American & Pacific Islander Heritage
Better Hearing and Speech
Better Sleep
Bikes
Civility Awareness
Clean Air
Creative Beginnings
Date Your Mate
Eco Driving
Electrical Safety
Family
Foster Care
Get Caught Reading
Gifts From the Garden
Good Car Keeping
Haitian Heritage
Heal the Children
Healthy Vision
Inventors
Jewish-American Heritage
Military Appreciation
Older Americans
Photograph
Physical Fitness and Sports
Preservation
Recommitment
Revise Your Work Schedule
Smile
Teen CEO
Tennis
Ultra-violet Awareness
Victorious Woman
Wetlands
Youth Traffic Safety

Mays Food Themes

Asparagus
Barbecue
Beef
Cauliflower
Carrots
Celiac Awareness
Egg
Grapefruit
Hamburger
Kiwi
Mediterranean Diet
Salad
Salsa
Strawberry
Vidalia Onions
Vinegar

Special Days With Specific Week Day

Be Kind to Animals week begins (1st full week)
Postcard Week begins * (1st full week)
Update Your References Week begins * (1st full week)
Kids Win Week * (Mon. of 1st full week)
Teacher Appreciation Week begins * (Mon. of 1st full week)
Principal's Day (Mon.)
Teacher Appreciation Day (Tues.)
School Nurse Day (Wed.)
Wildflower Week begins * (Mon. of 1st full week)

Infertility Survival Day * (1st Sun.)
Lemonade Day * (1st Sun.)
Children's Book Week begins * (1st Mon.)
Public Service Recognition Week * (1st Mon.)
Walking Week begins * (1st Mon.)
World Laughter Day * (1st Mon.)
Asthma Day * (1st Tues.)
Great American Grump Out * (1st Wed.)
National Day of Prayer * (1st Thurs.)
National Day of Reason * (1st Thurs.)
No Pants Day * (1st Fri.)

Special Days With Specific Week Day

(cont.)

Space Day * (1st Fri.)
Tuba Day * (1st Fri.)
Join Hands Day * (1st Sat.)
Kentucky Derby * (1st Sat.)
Scrapbooking Day * (1st Sat.)
Child Care Provider Day * (Fri. before Mother's Day)
Military Spouses Day * (Fri. before Mother's Day)
Babysitter's Day * (Sat. before Mother's Day)
Birth Mother's Day * (Sat. before Mother's Day)
Mother's Day (US) * (2nd Sun.)
Salute to Moms 35+ Week begins * (on Mother's Day)
Stepmother's Day * (Sun. after Mother's Day)
Reading is Fun Week begins * (2nd full week)
Etiquette Week begins * (2nd Mon.)
Donate A Day's Wages to Charity * (2nd Wed.)
Archery Day * (2nd Sat.)
Belly Dance Day * (2nd Sat.)
Fair Trade Day * (2nd Sat.)
Migratory Bird Day * (2nd Sat.)
Miniature Golf Day * (2nd Sat.)
Windmill Day * (2nd Sat.)

Backyard Games Week begins * (3rd week)
Bike Week begins * (3rd week)
International Pickle Week begins * (3rd week)
New Friends, Old Friends Week begins * (3rd week)
World Trade Week begins * (3rd full week)
Transportation Week begins * (week with 3rd Fri.)
Take Your Parents to the Playground Day * (3rd. Sun.)
Bike to Work Day * (3rd Fri.)
Defense Transportation Day * (3rd Fri.)
Endangered Species Day * (3rd Fri.)
NASCAR Day * (3rd Fri.)
Pizza Party Day * (3rd Fri.)
Armed Forces Day * (3rd Sat..)
Doo Dah Day * (3rd Sat.)
Learn to Swim Day * (3rd Sat.)
Victoria Day * (Mon. before May 25)
Wig Out Day * (Fri. before Memorial Day)
Don't Fry Day * (Friday before Memorial Day)
Memorial Day * (last Mon.)
Heat Awareness Day * (last Fri.)

Special Days With Various Dates

Ascension Day * (40 days after Easter)
Pentecost *
Ramadan begins *
Shavuot *
Food Allergy Week begins *

Special Days With Set Dates

May 1

Batman Day
Beltane
Cartoon Appreciation Week begins
Cheerios Cereal introduced 1941
Chocolate Parfait Day
Choose Privacy Week begins
Empire State Building dedicated 1931
Activist Mary Harris Jones born 1830
Hawaiian Lei Day
Herb Week begins
Law Day
Loyalty Day
May Day
Mother Goose Day
Pen-Friends Week begins
Save the Rhino Day
Smithsonian Institute dedicated 1847

May 2

Baby Day
Brothers and Sisters Days
Magician Doug Henning born 1947
Loch Ness Monster Day
Louisiana Purchase 1803
Inventor Elijah McCoy ("the real McCoy")
born 1844
Play Your Ukulele Day
Truffle Day

May 3

1st Comic Book (Famous Funnies)
published 1934
Garden Meditation Day
Lumpy Rug Day
Paranormal Day
Textiles Day
Two Different Colored Shoes Day
World Press Freedom Day

May 4

Bird Day
1st Colony (Rhode Island) to declare
independence from Great Britain 1776
Columbus reached Jamaica 1494
Greenpeace launched 1971
Intergalactic Star Wars Day (May the
Fourth Be With You)
Kent State University Vietnam War Protest
1970
Latvia Independence (from Soviet Union)
1990
Educator Horace Mann born 1796
Orange Juice Day
Renewal Day
Respect for Chickens Day
Sears Tower Completion 1973
Weather Observers Day
World Password Day

May 5

Astronaut Day
Cartoonist Day
Children's Day (Japan)
Cinco de Mayo
Hoagie Day
International Midwives' Day
Netherlands Independence 1945
Oyster Day
Totally Chipotle Day
Office Fax introduced 1964

May 6

Beverage Day
English Channel Tunnel opened 1994
Fire Escape patented 1878
Psychiatrist Sigmund Freud born 1856
Hindenburg exploded 1937
No Diet Day
No Homework Day
Nurses Day
Tourist Appreciation Day

May 7

Composer Johannes Brahms born 1833
Lusitania anniversary 1915
Composer Tchaikovsky born 1840
Tourism Day

May 8

Coconut Cream Pie Day
Have a Coke Day
Iris Day
No Socks Day
President Harry Truman born 1884
VE Day 1945
World Red Cross Day

May 9

Author Eleanor Estes born 1906
Lost Sock Memorial Day
Lemuria
Missionary Andrew Murray born 1828
Romania Independence (from Ottoman Empire) 1877

May 10

Clean Up Your Room Day
Lipid Day
London Blitz 1941
Lupus Day
Shrimp Day

May 11

Songwriter Irving Berlin born 1888
Missionary Andy van der Bijl born 1928
Bike to Work Week begins
Artist Salvador Dali born 1909
Eat What You Want Day
Poet Edward Lear born 1812
Minnesota Statehood 1858
Twilight Zone Day

May 12

Limerick Day
Florence Nightingale born 1820
International Nurses Day
Nuttty Fudge Day
Odometer Day

May 13

Apple Pie Day
1st Settlers arrived at Jamestown 1607
Fair Trade Day * (2nd Sat.)
Frog Jumping Day
Leprechaun Day

May 14

Buttermilk Biscuit Day
Chicken Dance Day
Scientist Gabriel Daniel Fahrenheit born 1686
Artist Thomas Gainsborough born 1727
Israel became an independent state 1948
Lewis and Clark's Expedition began 1804
Skylab Space Station launched 1973
Underground America Day
1st Webster's Dictionary Published 1847

May 15

Author L.F. Baum born 1856
Chocolate Chip Day
Day of Families
Kangaroo Care Awareness Day
Mercuralia
Paraguay Independence 1811
Peace Officer Memorial Day
Straw Hat Day

May 16

1st Academy Awards 1929
Biographer's Day
Drawing Day
Love a Tree Day
Pencil Day
Sea Monkey Day
Wear Purple for Peace Day

May 17

Cherry Cobbler Day
Hypertension Day
Physician Edward Jenner born 1749
New York Stock Exchange begins 1792
Pack Rat Day
Walnut Day
World Telecommunications Day

May 18

Mt. St. Helen Eruption Anniversary 1980
Museum Day
No Dirty Dishes Day
Notebook Day
Visit Your Relatives Day

May 19

Boy's Club Day
Devil's Food Cake Day
Activist Malcolm X born 1925
May Ray Day
Queen Anne beheaded 1536

May 20

Be a Millionaire Day
Cuba Independence 1902
Eliza Doolittle Day
Dolly Madison born 1768
Pick Strawberries Day
Quiche Lorraine Day
Timor-Leste Independence 2002
Weights and Measures Day

May 21

Fossil Hunter Mary Anning born 1799
American Red Cross Founders Day
End of the World/Rapture Party Day
Lindbergh Flight 1927
Montenegro Independence 2006
Artist, Henri Rousseau born 1844
Strawberries and Cream Day
Missionary James Hudson Taylor born 1832
Vejovis
Writers and Waitresses Day
World Day for Cultural Diversity for Dialogue and Development

May 22

1st Atlas published 1570
Biological Diversity Day
Buy a Musical Instrument Day
Artist Mary Cassatt born 1844
Maritime Day
Sherlock Holmes Day
Toothpaste Tube invented 1892
Vanilla Pudding Day

May 23

Crohn's and Colitis day
Feminist Margaret Fuller born 1810
Lucky Penny Day
Rosalia
South Carolina Statehood 1788
Taffy Day
World Turtle Day

May 24

Brother's Day
Brooklyn Bridge opened 1883
Ecuador Independence 1822
Empire Day/Commonwealth Day (UK)
Eritrea Independence 1993
Home Rule Act (Ireland) 1914
Hurricane Preparedness Week begins
Indianapolis 500
1st Morse Code Message Sent 1844
Puppeteer Frank Oz born 1944
Scavenger Hunt Day
Tiara Day

May 25

Brown Bag It Day
Poet Ralph Waldo Emerson born 1803
Jordan Independence 1946
Missing Children's Day
Nerd Pride Day or Geek Pride Day
Dancer Bill "Bojangles" Robinson born 1878
Star Wars premiered 1977
Tap Dance Day
Towel Day

May 26

Blueberry Cheesecake Day
Georgia Independence 1918
Guyana Independence 1966
Indian Removal Act signed into law 1830
Astronaut Sally Ride born 1951
Tiananmen Square Protest 1989
Actor John Wayne born 1907

May 27

Activist Amelia Jenks Bloomer born 1818
Conservationist Rachel Carson born 1907
Cellophane Tape introduced 1930
Golden Gate Bridge opened 1964
Grape Popsicle Day
Sunscreen Day

May 28

Amnesty International Day
Big Ben arrived in Westminster 1859
Brisket Day
Author Ian Fleming born 1908
Hamburger Day
Poet May Swenson born 1913
Whooping Crane Day

May 29

Patriot Patrick Henry born 1736
International Day of United Nations
Peacekeepers
President John Kennedy born 1917
Learn About Composting Day
Oak Aple Day (Pinch-Bum Day)
Paperclip patented 1867
Pink Flamingo Day
Rhode Island Statehood 1790
Wisconsin Statehood 1848

May 30

Compact Disc introduced 1981
Hole in My Bucket Day
Hug Your Cat Day
International Jazz Day
Joan of Arc died 1431
Lincoln Memorial dedicated 1922
Civil Rights Leader Clara Luper born 1923
Mariner launched 1971
Queen of England Jane Seymour born 1508
Water a Flower Day
Wireless Telegraph patented 1872

May 31

Autonomous Vehicle Day
Macaroon Day
Save Your Hearing Day
Speak in Sentences Day
Poet Walt Whitman born 1819
What You Think Upon Grows Day
World No Tobacco Day