

**May's Themes, Awareness, and Observances**

Asian American & Pacific Islander Heritage  
Better Hearing and Speech  
Better Sleep  
Bikes  
Civility Awareness  
Clean Air  
Creative Beginnings  
Date Your Mate  
Eco Driving  
Electrical Safety  
Family  
Foster Care  
Get Caught Reading  
Gifts From the Garden  
Good Car Keeping  
Haitian Heritage  
Heal the Children  
Healthy Vision  
Inventors  
Jewish-American Heritage  
Military Appreciation  
Older Americans  
Photograph  
Physical Fitness and Sports  
Preservation  
Recommitment  
Revise Your Work Schedule  
Smile  
Teen CEO  
Tennis  
Ultra-violet Awareness  
Victorious Woman  
Wetlands  
Youth Traffic Safety

**Mays Food Themes**

Asparagus  
Barbecue  
Beef  
Cauliflower  
Carrots  
Celiac Awareness  
Egg  
Grapefruit  
Hamburger  
Kiwi  
Mediterranean Diet  
Salad  
Salsa  
Strawberry  
Vidalia Onions  
Vinegar

**Special Days With Specific Week Day**

Be Kind to Animals week begins \* (1st full week)  
Postcard Week begins \* (1st full week)  
Update Your References Week begins \* (1st full week)  
Kids Win Week \* (Mon. of 1st full week)  
Teacher Appreciation Week begins \* (Mon. of 1st full week)  
Principal's Day (Mon.)  
Teacher Appreciation Day (Tues.)  
School Nurse Day (Wed.)  
Wildflower Week begins \* (Mon. of 1st full week)  
  
Infertility Survival Day \* (1st Sun.)  
Lemonade Day \* (1st Sun.)  
Children's Book Week begins \* (1st Mon.)  
Public Service Recognition Week \* (1st Mon.)  
Walking Week begins \* (1st Mon.)  
World Laughter Day \* (1st Mon.)  
Asthma Day \* (1st Tues.)  
Great American Grump Out \* (1st Wed.)  
National Day of Prayer \* (1st Thurs.)  
National Day of Reason \* (1st Thurs.)  
No Pants Day \* (1st Fri.)

### **Special Days With Specific Week Day**

#### **(cont.)**

Space Day \* (1st Fri.)  
Tuba Day \* (1st Fri.)  
Join Hands Day \* (1st Sat.)  
Kentucky Derby \* (1st Sat.)  
Scrapbooking Day \* (1st Sat.)  
Child Care Provider Day \* (Fri. before Mother's Day)  
Military Spouses Day \* (Fri. before Mother's Day)  
Babysitter's Day \* (Sat. before Mother's Day)  
Birth Mother's Day \* (Sat. before Mother's Day)  
Mother's Day (US) \* (2nd Sun.)  
Salute to Moms 35+ Week begins \* (on Mother's Day)  
Stepmother's Day \* (Sun. after Mother's Day)  
Reading is Fun Week begins \* (2nd full week)  
Etiquette Week begins \* (2nd Mon.)  
Donate A Day's Wages to Charity \* (2nd Wed.)  
Archery Day \* (2nd Sat.)  
Belly Dance Day \* (2nd Sat.)  
Fair Trade Day \* (2nd Sat.)  
Migratory Bird Day \* (2nd Sat.)  
Miniature Golf Day \* (2nd Sat.)  
Windmill Day \* (2nd Sat.)

Backyard Games Week begins \* (3rd week)  
Bike Week begins \* (3rd week)  
International Pickle Week begins \* (3rd week)  
New Friends, Old Friends Week begins \* (3rd week)  
World Trade Week begins \* (3rd full week)  
Transportation Week begins \* (week with 3rd Fri.)  
Take Your Parents to the Playground Day \* (3rd. Sun.)  
Bike to Work Day \* (3rd Fri.)  
Defense Transportation Day \* (3rd Fri.)  
Endangered Species Day \* (3rd Fri.)  
NASCAR Day \* (3rd Fri.)  
Pizza Party Day \* (3rd Fri.)  
Armed Forces Day \* (3rd Sat..)  
Doo Dah Day \* (3rd Sat.)  
Learn to Swim Day \* (3rd Sat.)  
Victoria Day \* (Mon. before May 25)  
Wig Out Day \* (Fri. before Memorial Day)  
Don't Fry Day \* (Friday before Memorial Day)  
Memorial Day \* (last Mon.)  
Heat Awareness Day \* (last Fri.)

### **Special Days With Various Dates**

Ascension Day \* (40 days after Easter)  
Pentecost \*  
Ramadan begins \*  
Shavuot \*  
Food Allergy Week begins \*

### **Special Days With Set Dates**

May 1

Batman Day  
Beltane  
Cartoon Appreciation Week begins  
Cheerios Cereal introduced 1941  
Chocolate Parfait Day  
Choose Privacy Week begins  
Empire State Building dedicated 1931  
Activist Mary Harris Jones born 1830  
Hawaiian Lei Day  
Herb Week begins  
Law Day  
Loyalty Day  
May Day  
Mother Goose Day  
Pen-Friends Week begins  
Save the Rhino Day  
Smithsonian Institute dedicated 1847

May 2

Baby Day  
Brothers and Sisters Days  
Magician Doug Henning born 1947  
Loch Ness Monster Day  
Louisiana Purchase 1803  
Inventor Elijah McCoy ("the real McCoy")  
born 1844  
Play Your Ukulele Day  
Truffle Day

May 3

1st Comic Book (Famous Funnies)  
published 1934  
Garden Meditation Day  
Lumpy Rug Day  
Paranormal Day  
Textiles Day  
Two Different Colored Shoes Day  
World Press Freedom Day

May 4

Bird Day  
1st Colony (Rhode Island) to declare  
independence from Great Britain 1776  
Columbus reached Jamaica 1494  
Greenpeace launched 1971  
Intergalactic Star Wars Day (May the  
Fourth Be With You)  
Kent State University Vietnam War Protest  
1970  
Latvia Independence (from Soviet Union)  
1990  
Educator Horace Mann born 1796  
Orange Juice Day  
Renewal Day  
Respect for Chickens Day  
Sears Tower Completion 1973  
Weather Observers Day  
World Password Day

May 5

Astronaut Day  
Cartoonist Day  
Children's Day (Japan)  
Cinco de Mayo  
Hoagie Day  
International Midwives' Day  
Netherlands Independence 1945  
Oyster Day  
Totally Chipotle Day  
Office Fax introduced 1964

May 6

Beverage Day  
English Channel Tunnel opened 1994  
Fire Escape patented 1878  
Psychiatrist Sigmund Freud born 1856  
Hindenburg exploded 1937  
No Diet Day  
No Homework Day  
Nurses Day  
Tourist Appreciation Day

May 7

Composer Johannes Brahms born 1833  
Lusitania anniversary 1915  
Composer Tchaikovsky born 1840  
Tourism Day

May 8

Coconut Cream Pie Day  
Have a Coke Day  
Iris Day  
No Socks Day  
President Harry Truman born 1884  
VE Day 1945  
World Red Cross Day

May 9

Author Eleanor Estes born 1906  
Lost Sock Memorial Day  
Lemuria  
Missionary Andrew Murray born 1828  
Romania Independence (from Ottoman Empire) 1877

May 10

Clean Up Your Room Day  
Lipid Day  
London Blitz 1941  
Lupus Day  
Shrimp Day

May 11

Songwriter Irving Berlin born 1888  
Missionary Andy van der Bijl born 1928  
Bike to Work Week begins  
Artist Salvador Dali born 1909  
Eat What You Want Day  
Poet Edward Lear born 1812  
Minnesota Statehood 1858  
Twilight Zone Day

May 12

Limerick Day  
Florence Nightingale born 1820  
International Nurses Day  
Nuttty Fudge Day  
Odometer Day

May 13

Apple Pie Day  
1st Settlers arrived at Jamestown 1607  
Fair Trade Day \* (2nd Sat.)  
Frog Jumping Day  
Leprechaun Day

May 14

Buttermilk Biscuit Day  
Chicken Dance Day  
Scientist Gabriel Daniel Fahrenheit born 1686  
Artist Thomas Gainsborough born 1727  
Israel became an independent state 1948  
Lewis and Clark's Expedition began 1804  
Skylab Space Station launched 1973  
Underground America Day  
1st Webster's Dictionary Published 1847

May 15

Author L.F. Baum born 1856  
Chocolate Chip Day  
Day of Families  
Kangaroo Care Awareness Day  
Mercuralia  
Paraguay Independence 1811  
Peace Officer Memorial Day  
Straw Hat Day

May 16

1st Academy Awards 1929  
Biographer's Day  
Drawing Day  
Love a Tree Day  
Pencil Day  
Sea Monkey Day  
Wear Purple for Peace Day

May 17

Cherry Cobbler Day  
Hypertension Day  
Physician Edward Jenner born 1749  
New York Stock Exchange begins 1792  
Pack Rat Day  
Walnut Day  
World Telecommunications Day

May 18

Mt. St. Helen Eruption Anniversary 1980  
Museum Day  
No Dirty Dishes Day  
Notebook Day  
Visit Your Relatives Day

May 19

Boy's Club Day  
Devil's Food Cake Day  
Activist Malcolm X born 1925  
May Ray Day  
Queen Anne beheaded 1536

May 20

Be a Millionaire Day  
Cuba Independence 1902  
Eliza Doolittle Day  
Dolly Madison born 1768  
Pick Strawberries Day  
Quiche Lorraine Day  
Timor-Leste Independence 2002  
Weights and Measures Day

May 21

Fossil Hunter Mary Anning born 1799  
American Red Cross Founders Day  
End of the World/Rapture Party Day  
Lindbergh Flight 1927  
Montenegro Independence 2006  
Artist, Henri Rousseau born 1844  
Strawberries and Cream Day  
Missionary James Hudson Taylor born 1832  
Vejovis  
Waiters and Waitresses Day  
World Day for Cultural Diversity for Dialogue and Development

May 22

1st Atlas published 1570  
Biological Diversity Day  
Buy a Musical Instrument Day  
Artist Mary Cassatt born 1844  
Maritime Day  
Sherlock Holmes Day  
Toothpaste Tube invented 1892  
Vanilla Pudding Day

May 23

Crohn's and Colitis day  
Feminist Margaret Fuller born 1810  
Lucky Penny Day  
Rosalia  
Shavuot  
South Carolina Statehood 1788  
Taffy Day  
World Turtle Day

May 24

Brother's Day  
Brooklyn Bridge opened 1883  
Ecuador Independence 1822  
Empire Day/Commonwealth Day (UK)  
Eritrea Independence 1993  
Home Rule Act (Ireland) 1914  
Hurricane Preparedness Week begins  
Indianapolis 500  
1st Morse Code Message Sent 1844  
Puppeteer Frank Oz born 1944  
Scavenger Hunt Day  
Tiara Day

May 25

Brown Bag It Day  
Poet Ralph Waldo Emerson born 1803  
Jordan Independence 1946  
Missing Children's Day  
Nerd Pride Day or Geek Pride Day  
Dancer Bill "Bojangles" Robinson born 1878  
Star Wars premiered 1977  
Tap Dance Day  
Towel Day

May 26

Blueberry Cheesecake Day  
Georgia Independence 1918  
Guyana Independence 1966  
Indian Removal Act signed into law 1830  
Astronaut Sally Ride born 1951  
Tiananmen Square Protest 1989  
Actor John Wayne born 1907

May 27

Activist Amelia Jenks Bloomer born 1818  
Conservationist Rachel Carson born 1907  
Cellophane Tape introduced 1930  
Golden Gate Bridge opened 1964  
Grape Popsicle Day  
Sunscreen Day

May 28

Amnesty International Day  
Big Ben arrived in Westminster 1859  
Brisket Day  
Author Ian Fleming born 1908  
Hamburger Day  
Poet May Swenson born 1913  
Whooping Crane Day

May 29

Patriot Patrick Henry born 1736  
International Day of United Nations  
Peacekeepers  
President John Kennedy born 1917  
Learn About Composting Day  
Oak Aple Day (Pinch-Bum Day)  
Paperclip patented 1867  
Pink Flamingo Day  
Rhode Island Statehood 1790  
Wisconsin Statehood 1848

May 30

Compact Disc introduced 1981  
Hole in My Bucket Day  
Hug Your Cat Day  
International Jazz Day  
Joan of Arc died 1431  
Lincoln Memorial dedicated 1922  
Civil Rights Leader Clara Luper born 1923  
Mariner launched 1971  
Queen of England Jane Seymour born 1508  
Water a Flower Day  
Wireless Telegraph patented 1872

May 31

Autonomous Vehicle Day  
Macaroon Day  
Save Your Hearing Day  
Speak in Sentences Day  
Poet Walt Whitman born 1819  
What You Think Upon Grows Day  
World No Tobacco Day