

## **SPECIAL DAYS IN MARCH**

### **March Themes, Awareness, and Observances**

Adopt a Rescued Guinea Pig  
Athletic Training  
Brain Injury Awareness  
Cerebral Palsy Awareness  
Child Life  
Chronic Fatigue Syndrome Awareness  
Clean Up Your IRS Act  
Colic Awareness  
Colorectal Cancer Education and Awareness  
Color Therapy  
Craft  
Credit Education  
Deaf History  
Developmental Disabilities Awareness  
Diabetes Alert  
Dolphin Awareness  
Employee Spirit  
Endometriosis Awareness  
Ethics Awareness  
Expanding Girls' Horizons in Science and Engineering  
Flower  
Gender Equality  
Hemophilia  
Honor Society  
Humorists Are Artists  
Hypothermia Awareness and Training  
International Ideas  
Irish American Heritage  
Kidney  
Kite  
Listening Awareness  
Mad for Plaid  
March Into Literacy  
Mirth  
Multiple Sclerosis Education and Awareness  
Music In Our Schools  
On Hold  
Optimism

Play the Recorder  
Poison Prevention Awareness  
Problem Gambling Awareness  
Red Cross  
Save Your Vision  
Sing With Your Child  
Social Work  
Spiritual Wellness  
Umbrella  
Women's History  
Women Inventors  
Youth Art

### **March Food Themes**

Bell Peppers  
Berries  
Broccoli  
Caffeine Awareness  
Celery  
Cherries  
Exotic Winter Fruits  
Flour  
Frozen Foods  
Green Onion  
Leeks  
Meatout  
Noodle  
Nutrition  
Peanut  
Sauce

## March Special Days with Varying Dates

World Math Day (1st Wed.)  
World Book Day (1st Thurs.)  
Day of Unplugging (1st Fri.)  
Dress in Blue Day (1st Fri.)  
World Day of Prayer (1st Fri.)  
International Festival of Owls (1st full weekend)  
Shabbot Across America/Canada  
Iditarod Race  
Celebrate Your Name Week begins (1st full week)  
Namesake Day (Sun. of 1st full week)  
Fun Facts About Names Day ( Mon. of 1st full week)  
Unique Names Day (Tues. of 1st full week)  
Discover What Your Name Means Day (Wed. of 1st full week)  
Name Tag Day (Thurs. of 1st full week)  
Middle Name Pride Day (Fri. of 1st full week)  
Descendants Day (Sat. of 1st full week)  
Read an E-Book Week (1st full week)  
Words Matter Week (1st full week)  
Newspaper in Education Week (1st Mon.)  
School Breakfast Week begins (Mon. of 1st full week)  
Share a Story – Shape a Future Week begins (1st Mon.)  
Women of Aviation Worldwide Week begins (week with March 8)  
Chocolate Chip Cookie Week \* (2nd week)  
Commonwealth Day (2nd Mon.)  
Kidney Day (2nd Thurs.)  
Girl Scout Week (week of 12th)  
Absolutely Incredible Kid Day (3rd Thurs.)  
Quilting Day (3rd Sat.)  
Button Week (3rd full week)  
Chocolate Week (3rd full week)  
Consider Christianity Week begins \* (2 Sundays before Easter)  
Holy Week (week before Easter)  
Act Happy Week (3rd Mon.)

Welllderly Week begins (3rd Mon.)  
Cleaning Week begins (last week)  
Brother and Sister Day (last Sat.)  
Earth Hour (last Sat.)  
Diabetes Alert Day (4th Tues.)  
Little Red Wagon Day (last Wed.)  
Manatee Appreciation Day (last Wed.)

## SPECIAL DAYS WITHOUT SET DATES

Lent  
Return the Borrowed Books Week  
Sleep Awareness Week  
Teen Tech Week  
Ta’anit Esther/Purim  
Procrastination Week  
Agriculture Week  
Science and Engineering Week (UK)  
Tsunami Awareness Week  
Daughters’ and Sons’ Day  
Check Your Batteries Day  
Daylight Savings Time begins  
Napping Day (day after Daylight Savings Time)  
Brain Awareness Week  
Folktales and Fables Week  
Consider Christianity Week  
Organize Your Home Office Day  
Ag Day  
Sherlock Holmes Weekend  
Fix a Leak Week  
Naw-Ruz  
Ostara  
Spring Equinox/ 1st Day of Spring  
Shakespeare Week  
Nano Days  
Mothering Sunday (UK)  
Good Friday (Fri. before Easter)  
Easter

March 1

Bosnia and Herzegovina Independence  
1992  
Cheerleading Week begins  
Dadgum That's Good Day  
St. David's Day  
Fruit Compote Day  
Ghost Writers Week begins  
Horse Protection Day  
Nebraska Statehood 1867  
Ohio Statehood 1803  
Peace Corps Week begins – established  
1961  
Peanut Butter Lover's Day  
Pet Sitters Week begins  
Pig Day  
Plan a Solo Vacation Day  
Save Your Vision Week begins  
Share a Smile Day  
Sock Monkey Day  
Universal Human Beings Week begins  
World Compliment Day  
Write a Letter of Appreciation Week  
begins  
Yellowstone National Park established  
1872

March 2

Banana Cream Pie Day  
Dr. Seuss Day – Author Theodor Geisel  
born 1904  
Soviet Leader Mikhail Gorbachev born  
1931  
Jell-O invented 1897  
King Kong (movie) premiered 1933  
Old Stuff Day  
Read Across America Day

March 3

Alexander Graham Bell born 1847  
Cold Cuts Day  
Florida Statehood 1845  
I Want You To Be Happy Day  
If Pets Had Thumbs Day  
National Anthem Day (US)  
Elvis Presley's 1st TV Appearance 1955  
Severe Storm Preparedness Week  
Speech and Debate Education Day  
Time Magazine launched 1923  
World Wildlife Day

March 4

Courageous Follower Day  
Primatologist Jane Goodall born 1934  
Grammar Day  
Holy Experiment Day  
Hug a G.I. Day  
March Forth – Do Something Day  
Pound Cake Day  
Scrapbooking Industry Day  
Slinky patented 1947  
Toy Soldier Day  
US Constitution went into effect 1789  
Vermont Statehood 1791  
Composer Antonio Vivaldi born 1678

March 5

Absinthe Day  
Boston Massacre 1770  
Cheese Doodle Day  
Map Maker Gerardus Mercator born 1512  
St. Piran's Day

March 6

Poet Elizabeth Barrett Browning born 1806  
Artist Michelangelo Buonarroti born 1475  
Corndog Day  
Dentist's Day  
Dress Day  
Frozen Foods Day  
Ghana Independence 1957  
Oreo Cookies first introduced 1912  
Procrastination Week begins  
White Chocolate Cheesecake Day

March 7

Be Heard Day  
Cereal Day  
Crown Roast of Pork Day  
Artist Piet Mondrian born 1872  
No More Week begins  
Roast Pork Day  
Telephone patented 1876

March 8

Aardvark Week begins  
Chocolate Chip Cookie Week begins  
Girls Write Now Day  
Peanut Cluster Day  
Proof Reading Day  
Universal Women's Week begins

March 9

Barbie Doll debuted 1959  
Crabmeat Day  
False Teeth patented 1822  
Get Over It Day  
Meatball Day  
Panic Day  
Explorer Amerigo Vespucci born 1451

March 10

Bagpipe Day  
Blueberry Popover Day  
Ranch Dressing Day  
International Day of Awesomeness  
Mario Day  
Pack Your Lunch Day  
Salvation Army Day  
1st Telephone Call Made 1876  
Harriet Tubman born 1820  
Rings around Uranus discovered 1977

March 11

Agriculture Week begins \*  
Johnny Appleseed Day (Sept. 26 is an alternate date)  
Dream Day  
Frankenstein published 1818  
Ken Day (the boy Barbie)  
Oatmeal-Nut Waffles Day  
Plumbing Day  
Rattlesnake Roundup begins  
Worship of Tools Day

March 12

Baked Scallops Day  
Brain Awareness Week begins \*  
Descendants Day  
Genealogy Day  
Girl Scouts Day  
Alfred Hitchcock Day  
Mauritius Independence 1968  
1st Parachute Jump from an Airplane 1912  
Plant a Flower Day

March 13

Coconut Torte Day  
Comet Day  
Commonwealth Day (Canada)  
Donald Duck debuted 1942  
Earmuffs Day (earmuffs patented 1877)  
Ginger Ale Day  
Good Samaritan Day  
Jewel Day  
K9 Veterans Day  
Ken Day  
Open an Umbrella Indoors Day  
Uranus discovered 1781

March 14

Ask a Question Day  
Children's Craft Day  
Scientist Albert Einstein born 1879  
Casey Jones born 1863  
Learn About Butterflies Day  
Pi Day (3.14)  
Potato Chip Day  
Reuben Sandwich Day

March 15

Buzzards Day  
Escalator patented 1892  
Everything You Think is Wrong Day  
Ides of March  
President Andrew Jackson born 1767  
Maine Statehood 1820  
Pears Helene Day  
Shoe the World Day  
True Confessions Day  
World Consumer Rights Day

March 16

Artichoke Hearts Day  
Curlew Day  
Everything You Do Is Right Day  
Freedom of Information Day  
Lips Appreciation Day  
1st Liquid-Fuel-Powered Rocket launched 1926  
President James Madison born 1751  
Panda Day  
The Scarlet Letter published 1850  
St. Urho's Day

March 17

Corn Dog Day  
Corned Beef and Cabbage Day  
Rubber Bands invented 1845  
St. Patrick's Day  
Submarine Day  
World Folktales and Fables Week begins

March 18

Awkward Moments Day  
Biodiesel Day / Inventor Rudolph Diesel born 1858  
President Grover Cleveland born 1837  
Forgive Mom and Dad Day  
1st Space Walk 1965  
Mount St. Helen erupted 1980  
Oatmeal Cookie Day  
Sloppy Joe Day  
World Sleep Day

March 19

Chocolate Caramel Day  
Let's Laugh Day  
Explorer/Missionary David Livingstone born 1813  
Nurses Day  
Operation Iraqi Freedom began 2003  
Poultry Day  
1st Space Walk 1965

March 20

Ag Day

Alien Abduction Day

Astrology Day

Great American Meat Out

International Day of Happiness

French Language Day

Author Bill Martin Jr. born 1916

Proposal Day

Ravioli Day

Snowman Burning Day

Tunisia Independence 1956

Uncle Tom's Cabin published 1852

Won't You Be My Neighbor Day (Fred Rogers born 1928)

World Frog Day

World Story Telling Day

March 21

Composer Johann Sebastian Bach born 1685

Common Courtesy Day

Reformer Thomas Cranmer Burnt at the Stake 1556

Down Syndrome Day

International Day for the Elimination of Racial Discrimination

International Day of the Forests and the Tree

Fragrance Day

French Bread Day

Namibia Independence 1990

Renewable Energy Day

Single Parents Day

Spring Fairy Fun Day

Strawberry Day

World Poetry Day

March 22

As Young As You Feel Day

Carbonated Water invented 1733

Coq Au Vin Day

Education and Sharing Day

Goof-off Day

International Day of the Seal

Tuskegee Airmen Day

World Water Day

March 23

Chia Day

Chip and Dip Day

Ponce De Leon discovered Florida 1513

Patrick Henry delivered "Give Me Liberty" speech 1775

Lewis and Clark Expedition began 1806

Melba Toast Day

Meteorological Day

Near Miss Day

OK Day

Puppy Day

March 24

Chocolate Covered Raisins Day

Crossword Puzzle Week begins

Harry Houdini born 1874

King James Crowned 1603

Tuberculosis Day

March 25

Annunciation Day/Tichborne Dole/Lady's Day

Democracy Celebration Day

Greek National Day/Greece

Independence 1821

International Day of Remembrance of the Victims of Slavery and the Transatlantic

Lobster Newburg Day

Medal of Honor Day

Pecan Day

Tolkien Reading Day

Waffle Day

March 26  
Bangladesh Independence 1971  
Epilepsy Awareness Day  
Nougat Day  
Poet Robert Frost born 1874  
Legal Assistants Day  
Make Up Your Own Holiday Day  
Spinach Day

March 27  
Celebrate Exchange Day  
Quirky Country Music Song Titles Day  
1st Radio Transmission 1899  
Scientist Wilhelm Roentgen born 1845  
Spanish Paella Day  
World Theater Day

March 28  
Accidents at Three Mile Island Nuclear  
Plant 1979  
Barnum and Bailey Day  
Black Forest Cake Day  
Something on a Stick Day  
Washing Machine patented 1930  
Weed Appreciation Day

March 29  
Borrowed Days begin  
Coca Cola invented 1886  
Lemon Chiffon Cake Day  
Mom & Pop Business Owner's Day  
Niagara Falls Runs Dry 1848  
Pop-up Toaster patented 1919  
President John Tyler born 1790  
Week of the Ocean begins

March 30  
Doctor's Day  
Grass Is Always Browner on the Other  
Side of the Fence Day  
I Am In Control Day  
Pencil patented 1858  
Artist Vincent Van Gogh born 1853  
Take a Walk in the Park Day  
Turkey Neck Soup Day

March 31  
Scientist Robert Wilhelm Eberhard von  
Bunsen born 1811  
Cesar Chavez Day  
Clams on the Half Shell Day  
Crayon Day  
Composer Joseph Hayden born 1732  
Eiffel Tower Opened 1889  
Oranges and Lemon's Day  
She's Funny That Way Day  
Tater Day  
World Backup Day